



## Mother & Son Rustic Island Camp

Hey Moms and Sons!

We can't wait for you to join us for Camp Shamineau's Mother Son Island Camp. We hope you are excited for a time of "unplugging", building relationships, having fun, and worshipping God!

Island Camp will take place on Camp Shamineau's 22 acre Island out in Lake Shamineau.

Check-in on Friday night (be sure to eat supper before you come!) Arrive at 6 PM to get checked in and gear loaded for the trip to the island. Please call us if you will be arriving late.

6:30 - Begin Shuttling out to the Island

You will be shuttled out to the Island on pontoons after check-in and return to the mainland on Sunday morning around 10:30 AM. The Island is equipped with 5 cabins, each sleeping 10 people on 5 sets of bunks. The cabins have wood floors with sections of the walls screened (the screens have canvas flaps that fold down). They do not have electricity so be sure to bring a flashlight! The Island Lodge does have electricity and there is cell phone service on the Island, but limited electricity to charge your phones. Bathrooms on the island are outhouses and showers are a jump in the lake!

Moms and sons will not be housed in the same cabin but will be in close proximity to each other. Younger sons will have one of our staff as a "camp counselor" for the weekend to help with those overnights.

We have some exciting activities planned for you. Some of these include: fishing, archery, high ropes course, swimming, campfire cooking, canoeing, and shelter building along with just spending some good time outdoors enjoying nature. All of your meals will be prepared over an open fire (with your help).

## **Health Information**

A well-equipped Health Center is located on our mainland staffed by medical personnel. Clinics and emergency room care are located within 12 miles of camp and many of our staff are Emergency Medical Technicians and First Responders.

Camp Shamineau carries secondary medical coverage on campers. Medical bills resulting from injury while at camp must first be submitted to the camper's personal medical insurer.

## **Location - 2345 Ridge Rd. Motley, MN 56466**

Shamineau is located in the center of Minnesota, midway between the Twin Cities, Fargo, and Duluth. Travel time is approximately 2 ½ hours from each city. It is located 27 miles north of Little Falls or 5 miles south of Motley on Highway 10. Watch for the brown "Camp Shamineau" sign or the green "Ridge Road" sign at milepost 120. Shamineau is two miles east of Highway 10 on Ridge Road.

## **Ideas Of What To Bring**

- ❑ Sleeping bag or bedding (Bunks are twin sized)
- ❑ Flashlight
- ❑ Fishing gear
- ❑ Bible
- ❑ Money for the gift shop and snack shop
- ❑ Soap!
- ❑ Bug Spray
- ❑ Towels & washcloths
- ❑ Clothing
- ❑ Swimsuits
- ❑ Knives

**DO NOT BRING NICE CLOTHES!** Island living gets very dirty! Showers are a jump in the lake and bathrooms are outhouses.

**DO NOT BRING :** music devices, electronics, weapons, alcohol, fireworks, drones